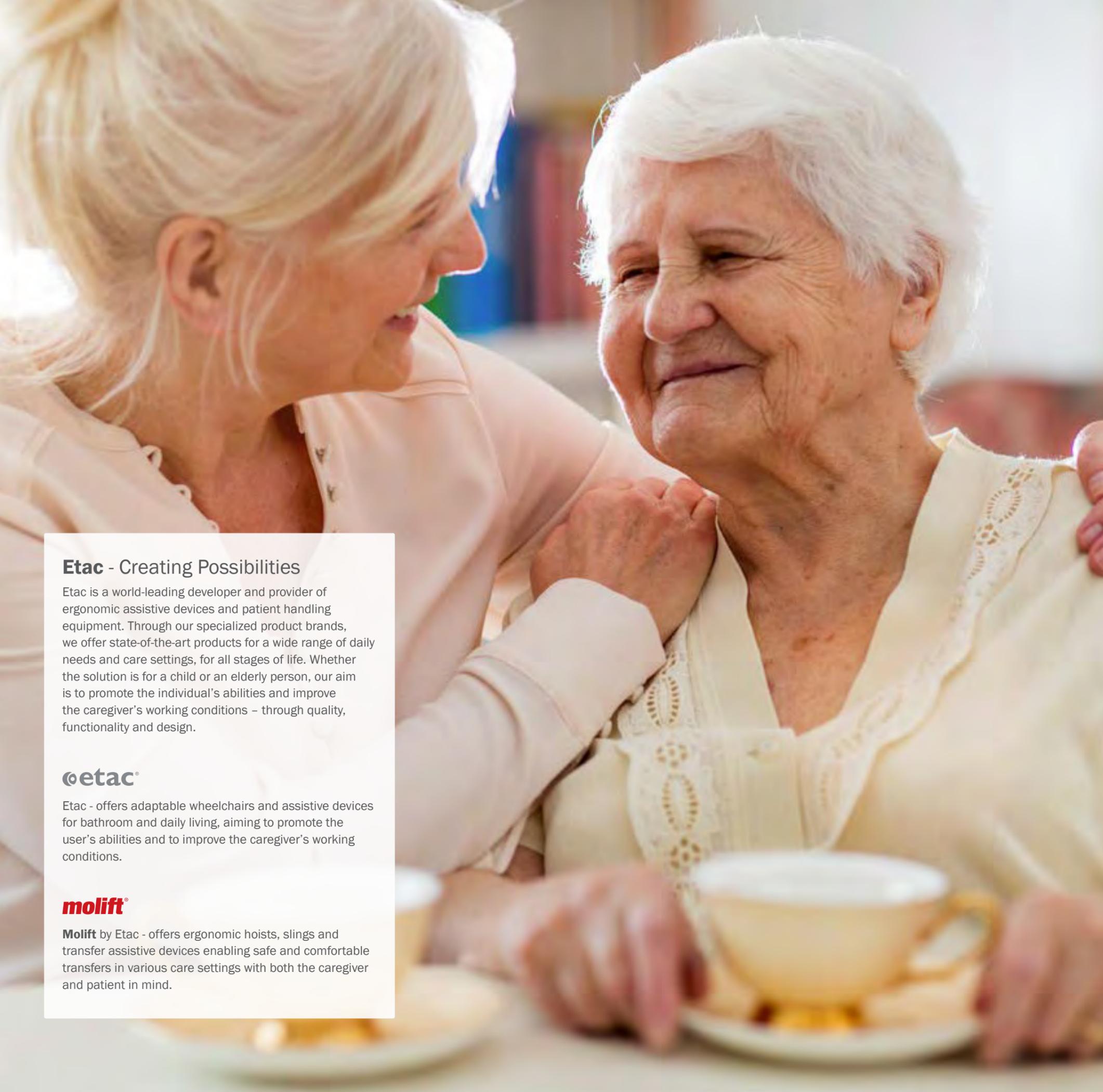




# Dementia

A Guide to Daily Living Aids

 **etac**<sup>®</sup>



## Etac - Creating Possibilities

Etac is a world-leading developer and provider of ergonomic assistive devices and patient handling equipment. Through our specialized product brands, we offer state-of-the-art products for a wide range of daily needs and care settings, for all stages of life. Whether the solution is for a child or an elderly person, our aim is to promote the individual's abilities and improve the caregiver's working conditions – through quality, functionality and design.



Etac - offers adaptable wheelchairs and assistive devices for bathroom and daily living, aiming to promote the user's abilities and to improve the caregiver's working conditions.



**Molift** by Etac - offers ergonomic hoists, slings and transfer assistive devices enabling safe and comfortable transfers in various care settings with both the caregiver and patient in mind.

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# Daily Living Aids & Dementia

According to WHO, (World Health Organisation), around 50 million people worldwide have dementia\*, and there are nearly 10 million new cases every year.

Dementia is one of the major causes of disability and dependency among older people and has a physical, psychological and social impact, not only on people with dementia, but also on their carers and families.”

For someone with dementia, it can be difficult to maintain skills, routines and confidence as the symptoms progress. Factors like embarrassment, anxiousness and depression can lead to isolation for them and their family. Lack of appropriate stimulation, routine and purposeful activity can lead to social exclusion and loneliness.

Using specially designed equipment and making adaptations to the home can help someone with

dementia carry on doing purposeful and hopefully stimulating routines for themselves so maintaining and enhancing their independence for longer.

It's not just about being able to do the activity though, it's about how it makes the person with dementia (and their loved ones) feel, whether at home or out and about and how it could improve their quality of life.



## Our Guide

This guide looks at the difficulties experienced by someone with dementia and gives examples of daily living aids that could help them continue to carry out purposeful and meaningful daily activities that stimulate and preserve their skills for longer.

This will help improve that persons self esteem and the confidence, to perhaps try new things and make them feel included and as a result happier.

For Sources of Information see page 23.

\* The word 'dementia' describes a set of symptoms that may include memory loss and difficulties with thinking, problem-solving or language. These changes are often small to start with, but for someone with dementia they have become severe enough to affect daily life” (Alzheimers Society).

# Symptoms Experienced

Whatever type of dementia is diagnosed and what part of the brain is affected, each persons experience will be different. Physical symptoms associated with dementia, listed below, will affect a persons ability to carry out purposeful daily living tasks. The impact these symptoms have on their mental health as the dementia progresses also needs to be considered. These may include loss of confidence, low self esteem, being anxious, isolated, withdrawn and lonely.



## Dementia Symptoms Experienced

- Agnosia - inability to understand information received from the senses ie not recognising objects
- Amnesia - memory loss
- Aphasia - inability to comprehend or formulate language
- Appetite - lost or lessened
- Apraxia - inability of the body to respond to messages that are normally sent from the brain, such as the brain telling the hand to move a fork to the mouth.
- Asthenia - loss of strength
- Ataxia - impaired co-ordination, balance, speech
- Cognitive impairment - difficulty remembering, learning new things, concentrating, or making decisions that affect everyday life
- Dysarthria - inability to speak clearly. Result of the loss of co-ordination of the muscles associated with speech.
- Dysphagia - difficulty in swallowing.
- Non-cognitive symptoms - delusions, hallucinations, depression, anxiety, apathy and behaviours, such as aggression, wandering, and agitation.
- Primitive reflexes - suck, snout, palmmental, and grasp reflexes
- Visuoperceptual difficulties - a component of visual perception affects recognition of objects based on their form, pattern, and colour. ie misjudge distances and where objects are
- Visuospatial skills decline - problems perceiving objects in three dimensions.
- Sensory impairments - hearing and sight loss
- Tremor - involuntary, uncontrollable shaking



## Eating & Drinking

Eating and drinking well is important for staying healthy and, whether out or at home with family and friends, it is a very socially inclusive activity. For someone with dementia, being able to continue to do this can greatly improve their mental well-being and that of their family.

Eating and drinking, often becomes more difficult and weight loss is common. Causes include, loss of appetite, difficulties cooking, communication issues, not recognising hunger, poor co-ordination, getting tired more easily and problems with chewing and swallowing.

There are many ways to help with eating and drinking. Eating with the person can help make meal times a social activity. Seeing their companion eating can encourage a

person with dementia to do it too, helping them to stay independent for longer.

They may benefit from equipment such as lipped, high sided plates or adapted cutlery, perhaps with large contoured handles that are easier to grip.

Heavy rather than light cutlery can give better “feedback” which can help someone with impaired perception.



Heavy rather than light cutlery can help someone with impaired perception, giving better perceptual feedback.

Non-spill cups with large handle/s or fittings for long or non return straws (stop liquid travelling back down) make drinking easier. Many people will still be able to hold a

cup after they have lost the ability to use cutlery so this should be encouraged.

These daily living aids can help the person with dementia to eat and drink more and make meal times easier and a more pleasurable experience for all concerned.

### Case Story - Etac Feed Cutlery

Mr M loved his soup, especially as he had difficulty swallowing. He used the Etac Feed Adjustable spoon (pg 6). With the bend in the spoon, he was still able to aim and feed himself in the mid stages of his dementia. He needed less wrist movement with the Feed spoon which made feeding himself much easier.

He was a stubborn man who would rather have gone hungry than let his wife or carer assist with eating so it meant he was able to enjoy his soup independently for longer.

### Case Story - Etac Tasty Beaker

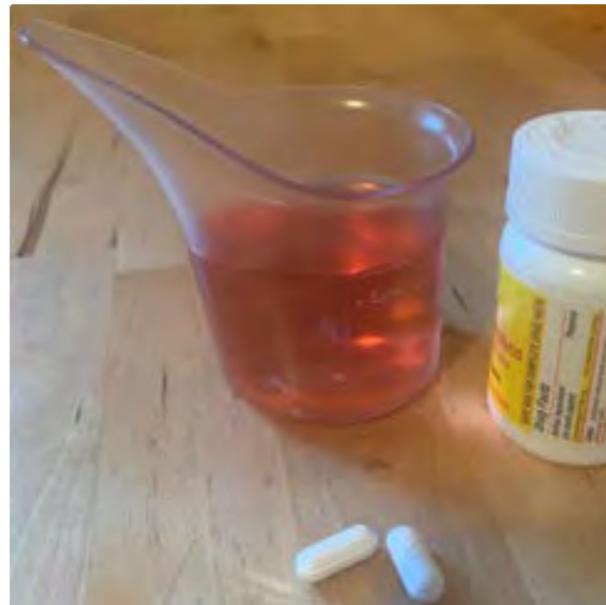
Mr M and his family used the Tasty Beaker (pg 8) in many ways towards the end of his life. He used the transparent beaker on its own to indicate cold juice or fizzy water. With the insulated holder, he would have his “brew” in it. His family would put his hand on the beaker and then use the supportive lip on the holder to guide the cup to his mouth so he could assist himself.

When he stopped eating, Mr M had high calorie shakes in the Beaker. His family could see the contents and monitor how much he had drunk more accurately without picking up the Beaker to check.

# Drinking

## Difficulties experienced

- Loss of some dexterity and hand function
- Poor co-ordination
- Impaired sensitivity or circulation problems
- Confusion and disorientation
- Loss of appetite, reluctance to eat
- Difficulty swallowing
- Reduced comprehension



## Helpful Equipment

### Etac Tasty Beaker

- Can be used for meal replacement drinks
- Holder insulates against hot liquid when being held. It keeps drinks warm (or cold) for longer
- Large handle with the supporting edge on one side, saves space, improves grip and makes the beaker look less childish
- Lid with drinking spout makes self feeding easier without spillages. Content is visible
- Lightweight so easier to lift and use
- Large size makes it very stable and hard to tip.

## Helpful Equipment

### Etac Feed Dose Mug

- Makes it easier to assist with drinking.
- The spout shape reduces the need for the user to tilt their head back making it easier to drink from and swallow. Enables safe and secure pouring.
- Shape of spout ensures good contact with the lips so less spillages
- Transparent to see contents
- Has ½ dl (1.7 oz) and 1 dl (3.4 oz) markings for ease of use and monitoring of fluid intake

# Drinking & Eating

## Difficulties experienced

- Limited mobility, poor grip
- Loss of ability to recognise familiar people or objects
- Poor co-ordination - difficulty using 2 hands
- Confusion and disorientation
- Changes in appetite and food eaten



## Helpful Equipment

### Etac Tasty Glass

- The stem of the glass is thick and easy to grip with a straight wrist, or the bottom of the glass "bowl" can rest on the hand
- Light-weight design makes it easy to lift
- Not large enough to become heavy when full but base is large enough to ensure stability
- Well-balanced in the hand and easy to handle
- Recognisable as a wine glass and everyday object to minimise confusion and avoid upset.
- Contents are visible. Red markings on the stem make it easier to identify and use

## Helpful Equipment

### Etac Tasty Plate

- Small and neat with a raised edge on one side to make eating using one hand easier
- Food can be tipped on the spoon
- Plain white to contrast against most foods
- Rubber grip underneath to ensure its sits securely during eating

**Tip:** As the plate is white it helps to use a dark coloured tablecloth or place mat to provide a contrasting colour to aid visuoperceptual difficulties.

# Eating

## Difficulties experienced

- Limited dexterity and hand function
- Primitive bite reflex
- Poor co-ordination - difficulty using 2 hands together
- Poor appetite
- Not able to open mouth fully
- Reduced comprehension
- Difficulty swallowing



## Helpful Equipment

### Etac Adjustable Spoon

- Curved design means less movement in the wrist is needed which makes self feeding easier
- Made of plastic not metal so less likely to injure mouth if bite down hard.
- Flat and smooth shape. Feels more comfortable in the mouth.
- Contrasting red elastic strap which helps keep spoon in position where gripping ability is poor
- Using a power grip, the thumb support stops the hand sliding down

## Helpful Equipment

### Etac Feed Cutlery

- Flat, smooth design makes it easier to feed someone who is not opening their mouth fully
- Made of plastic not metal so less likely to injure mouth if they bite down hard.
- Flat and smooth shape. Feels more comfortable in the mouth.
- Small size so easier to get into the mouth
- Comfortable grip for the carer at the top of the handle with space for the person being fed to also grip if they wish.
- Can still be involved in their own feeding

# Eating

## Difficulties experienced

- Limited mobility, poor grip
- Unable to recognise familiar objects
- Poor co-ordination - difficulty using 2 hands together
- Poor concentration



## Helpful Equipment

### Etac Light Cutlery with thick handles

- Handle design and weight ensures the cutlery is well balanced within the hand and allows a relaxed and comfortable grip
- Makes use with limited dexterity easier
- Look like everyday cutlery so are familiar on the dinner table
- Enables the user to continue to eat independently for longer

## Helpful Equipment

### Etac Combination Cutlery

- Combined knife/fork and knife/spoon makes independent feeding with one hand easier
- Knife/fork has a left and right-handed version. The knife/spoon can be used in either
- Functional design of the handle, shaped for a stable and comfortable grip
- Knife is "gentle" in the mouth but is sharp enough to cut food

# Kitchen Tasks

Preparing food and other mealtime related tasks are familiar routines that are stimulating, meaningful and help encourage a continued interest in food.

Equipment is available to make these tasks easier and safer when movement and co-ordination becomes more difficult.

A kettle tipper allows hot water to be poured safely, at a constant rate without lifting the kettle. Modified jar openers, chopping boards and graters etc can also help.

Especially during the early stages of dementia, being able to carry on doing these everyday kitchen tasks can be reassuring to the person and also a welcome distraction.

Grip extensions for controls on ovens and other appliances, height-adjustable cupboards and other adapted kitchen tools, help maintain independence for longer.



## Case Story

Mrs A was in the early stages of dementia and had always loved cooking. She experienced difficulty with co-ordinating both hands and was getting frustrated and upset that she could no longer do tasks she could previously. Mrs A was losing her confidence and becoming withdrawn. Her daughter bought her an Etac Fix Preparation Board (pg 13) which held a piece of food, fruit or vegetable in place so she could cut it up using one hand. Mr A was reassured that his wife could manage the task safely and Mrs A was a lot happier because she could prepare meals herself again.



# Preparing Food

## Difficulties experienced

- Poor co-ordination
- Loss of some dexterity and hand function
- Tremors

**Tip:** Talking to someone with dementia about food-based activities can stimulate interest in food and appetite.



## Helpful Equipment

### Etac Fix Preparation Board

- Enables tasks such as grating, cutting, whisking and peeling to be carried out with weak hands or one hand function.
- Stands firmly on four friction or suction feet
- The “jaws” hold a bowl, grater or food in place.
- A small plate with spikes holds smaller pieces of food or can be placed with the spikes down for a flat surface

## Helpful Equipment

### Etac Cut Cutting Board

- Knife fits in guides for a safe and straight cut
- Easy to turn traverse bar to adjust thickness of slices
- Enables someone in the earlier stages of dementia to continue to carry out this daily task safely



## Bathing & Showering

Washing is an important routine to help the person with dementia stay clean, fresh and to maintain confidence. It also reduces the risk of infections and skin complaints.

Bathing or showering is a very personal experience. What one person may enjoy; another may react negatively to. It helps to continue with existing washing routines that the person is familiar with i.e. bath or shower. By using various aids they can stay independent for longer.

Transfer benches, grab rails or bath steps can help getting in and out of the bath. Bath seats and bath boards fit across the top of the bath for washing in the bath.

Various hoists are available to get someone in and out of a bath. A walk-in bath could be an option if the existing bath can't be adapted.

Shower stools can help avoid falls and fitting a walk-in shower or wet room may make access for the person with dementia and their carer easier.



### Case Story

Mr M's son bought him an Etac Swift shower chair (pg 17) early on in his diagnosis. He had back problems so standing in his walk-in shower became increasingly painful. The height of the Etac Swift shower chair was easily adjusted to the perfect height for him to sit and stand from and the backrest gave support in the right place to keep him comfortable.

He also used the chair at the basin for washing as he could not have stood for long enough. The Etac Swift shower chair enabled Mr M to continue to shower and wash independently for longer.



# Bathing & Showering

## Difficulties experienced

- Difficulty recognising people or objects
- Poor co-ordination
- Tremor
- Confusion and disorientation
- Poor concentration
- Limited mobility
- Prone to falls



## Helpful Equipment

### Etac Fresh Bath Board

- It's front edge, placed on the bath's outer side is wide to provide maximum support for transfers.
- Mid-section is narrowed off to allow ease of access for intimate hygiene.
- Easy to fit and stays securely on the bath.
- Handle offers additional security while using the bath board
- Contrasting colour of the handle makes it easier to identify to hold.

## Helpful Equipment

### Etac Flex Grab Rail

- Flexible, modular grab rails, which can be adjusted to suit users needs
- Easy to fit and adjust with either screws or adhesive
- Secure and stable grip, even if hands or rails are wet
- Dark grey or white options to provide contrast for easier recognition and improved visibility
- Gives added confidence and security to continue with daily bathroom routines, safely for longer.

# Showering

## Difficulties experienced

- Confusion and disorientation
- Poor concentration
- Poor co-ordination
- Difficulty recognising people or objects
- Prone to falls
- Tremors



## Helpful Equipment

### Etac Swift Shower Stool/Chair

- Highly adaptable as needs change. Detachable back and armrests that gently click into place without the need for tools
- Very stable with ferrules (feet) that squeeze the water away and adapt to the floor
- Front legs can be positioned lower than the back to make standing up easier
- Contrasting colour options make it easier to identify in the bathroom.
- Water resistant pads available - non slip, easy to remove for cleaning. Feel warm & comfortable.

## Helpful Equipment

### Etac Relax Shower Seat

- Large, stable seat designed to allow varied sitting positions and improved access for intimate hygiene
- Easily folds away to save space when not in use
- Armrests, leg supports and back can be added for additional comfort and security
- Choosing a contrasting colour makes it easier to identify in the bathroom.
- Quick and easy installation

# Toileting & Showering

Using the toilet is a very private part of our lives and embarrassing when something goes wrong. Helping someone with dementia to continue to use the toilet independently for as long as possible will help maintain their confidence, self esteem and help avoid embarrassment or anxiety.

Toilet seat raisers and grab rails can help make them feel safer and more confident using the toilet. Toilet seats, handrails and towels should be in a contrasting colour.

In the later stages of dementia, mobile shower commode chairs can be used. These can be positioned over the

toilet or used with a pan. Chairs can be adjusted to the height of the carer, reducing the risk of injury and improve communication between carer and person with dementia.



## Case Story

Mr L has a diagnosis of Corticobasal syndrome, a rare form of dementia. He can weight bear but experiences problems with movement and has stiff muscles on one side of her body. This has resulted in several falls when Mr L was going to use the bathroom, even with a walking frame.

A care package was established which included a mobile shower commode chair. This is now used to transport Mr L safely between rooms and the excellent access afforded by the Etac Clean (pg 19) means that all washing and personal care for Mr L takes place on the chair.



# Toileting & Showering

## Difficulties experienced

- Confusion and disorientation
- Poor co-ordination
- Difficulty recognising everyday objects
- Tremors
- Limited mobility, reliant on carer
- Prone to falls



## Helpful Equipment

### Etac Rex Arm Supports

- Very stable for added safety when using the toilet
- Triangular shape of the arm support provides a stable and natural grip
- Contrasting grey "ends" to arm supports for easier identification
- Arms are easy to fold up against the wall where space is tight
- Arms fold down gently and smoothly
- 3 different lengths available and supporting legs if additional weight capacity is needed.

## Helpful Equipment

### Etac Clean Shower Commode

- Upright handle to fit most toilet shapes, even wall-mounted. Fits through doors at home
- Open at back to facilitate access for personal hygiene with minimal "disruption" to the user.
- Different colour options to contrast within the bathroom. Comfort cushions are black
- Comfort option has soft, enveloping seat and back supports for additional comfort, security and stability.
- Comfort padding protects and "hides" the user without reducing accessibility for the carer

# Toileting & Showering

## Difficulties experienced

- Limited mobility, dependent on carers
- Prone to falls
- Tremors
- Incontinence



## Helpful Equipment

### Etac Swift Mobil-2

- The seat has a large rear opening to help relieve pressure, facilitate toileting and provide easy access for intimate tasks.
- Curved foot plates provide instep and arch support for improved comfort and stability
- For sensitive skin, extra-soft seat cushions are available for added support and comfort
- Soft, tension adjustable, quick-drying backrest to increase user comfort
- Patterning on the seat provides friction, added comfort and safety. Easy to clean

## Helpful Equipment

### Etac Swift Mobil Tilt-2

- Height adjustable. Also with height and width adjustable armrests
- Unique tilt feature that gives increased security for the user and an ergonomic working position for the carer. Less hoist interventions
- Tilt in space tilt angle - 0°/+35° or -5° /+30°
- Tilt function can be operated from either side of the chair so the carer can reassure the user when tilting and maintain eye contact
- Accessories include a soft upholstered hip/chest belt for increased safety and comfort

# Toileting

## Difficulties experienced

- Poor co-ordination
- Difficulty recognising everyday objects
- Confusion and disorientation
- Prone to falls
- Reduced mobility
- Tremors



## Helpful Equipment

### Etac My-Loo Fixed

- Easily recognisable as a toilet
- Soft seat in contrasting colour for easier identification and added comfort.
- A raised toilet seat with armrests make it easier to sit down and stand up from the toilet
- Helps make the user feel safe and secure
- An extra-large seat opening and generous recesses, for easier personal hygiene
- Armrests can be conveniently folded up and down with no pinching risk for the user.
- Quick and easy to install.

## Helpful Equipment

### Etac Swift Commode

- Discreet in the bathroom and bedroom. Visually appealing for someone new to using commodes
- Can be set with a slight anterior tilt to make standing up easier
- Safe non-slip seat, even when wet
- Soft seat and back support. Paddings in contrasting colour for easier identification and added comfort
- Can also be used as a shower chair and free standing toilet seat raiser.

# Walking & Moving

Supporting a person who has dementia to remain active and still feel involved in life can be the key to maintaining quality of life even in the later stages of the illness.

Activity is essential to human well-being. It will help preserve a person's sense of self-worth and give purpose and enjoyment to their day.

There are a range of equipment aids to help the person with dementia to continue moving and doing things for themselves for longer. Walking sticks, walking frames and wheelchairs can help keep them mobile and independent.

People with limited mobility often have difficulty moving position or places eg from bed to chair. Transfer aids can help, making the carers life easier too.

A transfer turntable has a base that rotates, on which a person can stand and be swivelled. Such aids help the user to keep active and maintain what mobility they have for longer. They still contribute to the task which is good for their confidence and self esteem.



## Case Story

Mr B had limited mobility and began to lose the strength in his legs. He struggled to get up from the toilet and when he would try to stand up he would drop back down again. There were no grab rails and his carers couldn't get him back onto his feet, especially as space was limited.

The Molift Raiser Pro sit to stand transfer platform (pg 25) was used with the Molift RaiserBelt which enabled his carers to assist Mr B to pull himself up with minimal assistance. He was able to hold onto the handle and the RaiserBelt made it easier for the carers to assist him when standing up and also ensured he could not fall back down as he stood up.

This also helped when pulling up trousers afterwards.

## Turn Aids - Turner Pro

When using a turn aid, seating surfaces need to be close to each other so there is always a seated area behind the user. They should stand, be turned on the spot to a second seat and sit.

## Transfer Aids - Raiser Pro

These are for transferring short distances where seating surfaces are further apart. If there are any concerns that the person may try to sit down during the transfer, safety straps or belts can be used to keep the person in position.

Users of these aids must be able to follow simple instructions, weight bear and have sufficient upper body strength hold the handle during the transfer.

# Sit to Stand

## Difficulties experienced

- Limited mobility
- Difficulty recognising people or objects
- Prone to falls
- Poor co-ordination
- Tremors



## Helpful Equipment

### Etac Turner Pro

- When users need a little help sit to standing. For turning transfers between sitting surfaces
- Enables users to use their own muscle power during transfer, keeping them active for longer
- Encourages natural standing and sitting movement. Gives user confidence.
- Minimalistic design – not too intrusive or “alien” looking to the user
- Easy to adjust, soft padded knee support which are comfortable for the user
- Easy to manoeuvre for the carer
- Contrasting orange handle for easier identification of where to grip

## Helpful Equipment

### Molift Raiser Pro

- When users need more help sit to standing. For transferring short distances between seating surfaces
- Enables users to use their own muscle power during transfer, keeping them active for longer
- Natural pattern of movement is stimulated which feels more intuitive to the user
- Carer can keep eye contact throughout the transfer to encourage and reassure the user
- Minimalistic design – not too intrusive
- Handle offers lots of grip opportunities
- RaiserStrap and RaiserBelt accessories offer additional support during the transfer

# Adaptations

For someone with dementia, adaptations and improvements to their home can make it easier, safer, and more comfortable to live in. Being at home can help them cope better with the difficulties they experience, keeping them more independent for longer in familiar surroundings, improving their quality of life and helping to make life easier for their carer.

Adaptations range from fitting grab rails, adding access ramps, creating wider doorways for wheelchairs, to installing specially designed shower and toilet facilities,

or changing the design of the home. This could include moving the bedroom downstairs and the installation of ceiling track or gantry hoists.



## Considerations when Choosing a Hoist System

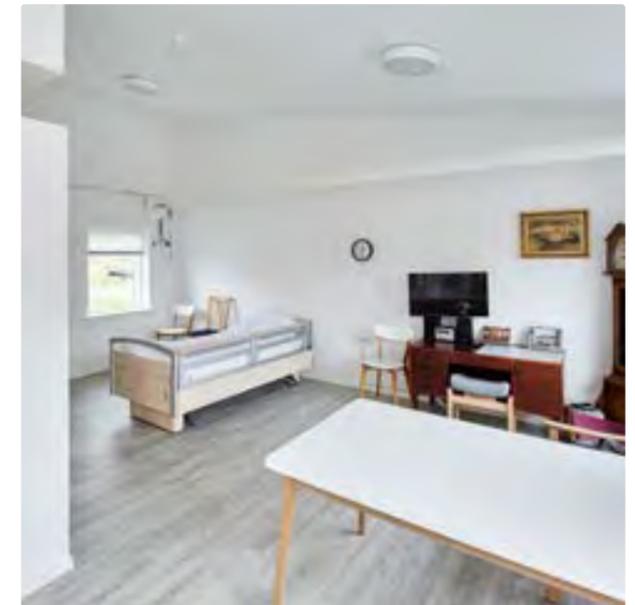
- Overhead v gantry. See page 23
- Gantry - 2 post or 4 post. See page 23
- Overhead - a traverse system (XY or H) gives more space and ease of movement for the carers than a straight rail.
- Type of motor. Check for a quiet, smooth running hoist to help make the user feel safe and secure
- Sling Bars. A 4-point usually gives more head clearance than a 2-point. It depends on the design of the sling but generally a 4-point sling bar gives a larger space for the user.



# Adaptations

## Difficulties experienced

- Very limited mobility
- Confusion and disorientation
- Poor co-ordination
- Poor concentration
- Tremors



## Helpful Equipment

### Molift Gantry Hoist

- Ideal for temporary installation i.e. if the bed is moved downstairs or where the building is unsuitable for fixed installations
- Duo (2 post) & Quattro (4 post) versions
- Quick and easy to install and dismantle
- Much less intrusive than a mobile hoist.
- Quiet, smooth running motor to make the user feel safe and secure
- Soft start and stop on hoist motor means no sudden movements to cause alarm
- 4-point sling bar, gives the user more space and the bar is away from their line of vision.

## Helpful Equipment

### Molift Ceiling Track

- An overhead hoist doesn't take up any space
- Much less obtrusive than a portable hoist and even a gantry hoist. Less visible to the user
- Quiet, smooth running motor with soft start and stop so there are no sudden movements. Makes the user feel safe and secure
- 4-point sling bar, gives the user more space. The bar is away from their line of vision so is less likely to cause upset while being hoisted.
- "Future-proofs" the transfer needs of the person as their condition progresses enabling them to stay in their own home for longer

# Hoisting

## Difficulties experienced

- Limited/very limited mobility
- Poor co-ordination
- Poor concentration
- Prone to falls
- Tremors



## Helpful Equipment

### Molift QuickRaiser 205

- Mechanical hoist for active sit to stand transfers
- For users with limited mobility but who can weight bear, have good stability in their upper body but who need assistance when standing.
- Natural pattern of movement is stimulated helping to keep muscles working
- Helps the person to keep standing up for longer, postponing the use of a passive hoist
- Easy to adjust, soft padded knee supports which are comfortable for the user

## Helpful Equipment

### Molift Smart 150

- A compact, folding, portable hoist for passive hoist transfers
- Large hoisting range and can lift from the floor should someone fall
- Attachment point on sling bar is fixed to prevent swinging so user feels safe and secure. Sling bar is above them and away from their line of vision so is less likely to upset
- Easily folded and put away when not in use
- Easy to transport so can use own, familiar hoist when away from home.

# Useful Information

We hope you have found this guide helpful.

Our team are available to offer further advice and can visit you to demonstrate products, carry out assessments or product reviews to ensure the most suitable product to meet the needs of the person with dementia is selected.

We can also carry out product training either online or face to face to suit you. Just get in touch!

## Sources of Information

This guide has used information from the following sources:

- <https://www.alzheimers.org.uk>
- <https://www.dementiauk.org.uk>
- <https://www.scie.org.uk/dementia/>

It has been produced by the Etac team in the UK in collaboration with our Global Education Managers and International Product Managers.

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Etac is a world-leading developer and provider of ergonomic assistive devices and patient handling equipment. Our heart lies in the solutions that optimise quality of life for the individual, their family and caregivers.

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